

# HOMEWORK

## BHRT

### Candidates

(Bio-identical Hormone Replacement Therapy)

Required Assignments: (click on links to see material)

1. Read the article ["Health Matters Magazine - Natural Hormones"](#) - Interview with Arlene Evans-De Beverly.
2. Download and listen to the instructional CD entitled "Return of Passion - Prepare and Defend" available on this web site under the tab "Shop by Category" on the left side panel of this web site.

Optional Assignments:

1. Read the article ["Are Bio-Identical Hormones Safer Than Synthetic? Part 1"](#).
2. Read the article ["Are Bio-Identical Hormones Safer Than Synthetic? Part 2"](#).