

It's About You!

Thank you for continuously supporting CyGYN; our mission is your wellbeing. Because of you, we are able to offer two new comprehensive programs:

FMM - Full Menopausal Management

PMM - Premier Menopausal Management

Both programs are designed to offer you a level of care that covers comprehensive menopausal management needs. For a single yearly payment, CyGYN will provide multiple blood and urine analysis, vaginal rejuvenations, medical grade supplements and bioidentical hormone therapy. And yes... after initial payment, visits, procedures, hormones and supplements are FREE.

FMM - Full Menopausal Management

FMM Program is dual six months menopausal management. Every six months, 3 visits will be scheduled, for a total of six visits per year.

Visit 1 and 4

During the first and fourth visit, you will work with a CyGYN Medical Assistant in order to establish a baseline for your medical care. Expect this visit's duration to be 30 to 45 minutes.

This will include:

- *Blood drawing*
- *Basic urinalysis*
- *Weight, height and blood pressure*
- *Documenting existing medical issues*
- *Creation of or updating of your medical chart*
- *Scheduling for consultation*

Visit 2 and 5

During the second and fifth visit, consultation with Arlene. Expect this visit's duration to be 90 minutes.

This will include:

- *Addressing your current medical issues*

- *Reviewing and explaining the comprehensive laboratory studies that were obtained at the first visit*
- *Designing the Bio-Identical Hormone therapy to optimally meet your needs*
- *Prescribing your therapy in a convenient 6 months' supply*
- *Assigning 4 basic supplements that are tailored to your specific needs*
- *The supplements will be given to you the day of your consultation or shipped directly to you*
- *Review the requirements for your vaginal rejuvenation*
- *Schedule for vaginal rejuvenation*

Visits 3 and 6

During third and sixth visit vaginal rejuvenation will be performed using ER Yag Laser. These procedures are FDA approved to improve urine loss and to keep the vaginal/labial tissue elastic and healthy. Expect this visit to require 90 minutes.

This visit will include:

- *Preparation for the laser procedure*
- *Application of local anesthetic cream*
- *Relaxation time of 30 minutes to allow the anesthetic cream to become maximally effective*
- *Laser procedure*

The cost of participating in FMM program is \$3,600 per year. For a couple, the cost is \$6000 per year.

FMM program will give you more than 50% savings in comparison to purchasing these services and procedures individually. This is the summary of what you will receive for the annual fee:

- *Eight hours of personalized in-office care*
- *Yearly supply of 4 Basic Pharmaceutical Grade Supplements*
- *Yearly supply of Bio-Identical Hormone Replacement Therapy*
- *Two Vaginal Rejuvenations*
- *Two Comprehensive Blood Studies*
- *Two Urinalysis*

PMM - Premiere Menopausal Management

In addition, to all that is included in the FMM program, PMM Program is quarterly (every 3 months) Menopausal Management. This allows for the fine tuning of your supplemental and hormonal needs on a ninety day basis.

By monitoring your blood studies every three months we are able to design most specifically what you require.

With 4 vaginal rejuvenations per year, the tissue can be finely sculpted with minimal intrusion and maximal benefits.

As needed, private Skype consultations are available.

As an added benefit, weekend and evening hours are available.

With your agreement, I will perform your annual well woman examination.

I will be present during each of your visits

State of the art telomere repair and the antiaging benefits of the therapy, in the form of TA 65 capsules ([T.A. Sciences](#)), are provided to you. To learn more about telomere repair visit [TELOMERE SCIENCE LIBRARY](#)

Comprehensive pharmaceutical grade supplements and specifically tailored Bio-Identical Hormone Therapy.

If you require additional medical procedures, we can consult with you regarding providers, acting as a conduit between you and other medical services.

The cost of participating in PMM program is \$10,000 per year. For a couple, the cost is \$16,000 per year.

DISCLAIMER

In order to assure the highest level of care, participation in CyGYN programs are limited and are on 'first come – first served' basis